

For Immediate Release

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CAVE CREEK, AZ- Cahava Spring Development Announces Dr. Ramsey's Center for Natural Healing as Community Health & Wellness Medical Director.

Pyramid Developers, developer of Cahava Springs is very pleased to announce Dr. Theresa Ramsey and her Center for Natural Healing (“CFNH”) as the Health and Wellness Medical Director for the community. Cahava Springs is the only non age restricted community in Arizona to have a Health & Wellness Director as part of the overall lifestyle program for residents. Cahava is a sustainable, preservation community focused on the health and wellness of not only the land but of the residents who will live there. To achieve this goal, just as Pyramid Developers created the Cahava Springs Conservancy to preserve the land, it has partnered with Dr. Theresa Ramsey to design and manage the Health and Wellness program for the sustainable wellness of Cahava residents. To best support the health and the residents of Cahava Springs, Dr. Ramsey’s Center for Natural Healing will have a medical office/clinic set up at the Cahava Springs community center to advise and treat residents. The Residents can also visit The Center in Paradise Valley at any time; have access on-line at a secure web site and phone consultations no matter where the resident actually is, taking

advantage of their same benefits and discounts. The Health and Wellness benefits to each resident will be:

- Lifestyle coaching;
- Nutrition and diet advise including specific diet plans and use of supplements;
- Physician from Dr. Ramsey's Center for Natural Healing will be one site one day per week increasing as needed;
- Lifestyle Program designed by Dr. Ramsey and managed by The Center will be offered and accessible by residents in person, on-line and by phone;
- Monthly on-site educational seminars;
- 20% discount on services and programs offered by Dr. Ramsey's Center for Natural Healing;
- 10% discount on all supplements and products sold by Dr. Ramsey

Cahava Springs, a 230 custom home "conservation development" located in Cave Creek, Arizona, was created by Pyramid Developers, an Arizona-based LLC. The Development is planned to be the most sustainable planned community in Arizona, has a non-for-profit conservancy Cahava Springs Conservancy, a sustainable organization committed to preserving in perpetuity the natural beauty and historical significance of the 942-acre Cahava Springs property, 80% of which is preserved as open space. The Conservancy also owns and seeks to enhance the property's 130-acre Apache Springs Nature Preserve that is home to a rare and sensitive riparian habitat and the front door to the

Cahava Springs residential community. When combined with the Health & Wellness Program with Dr. Ramsey, Cahava seeks to preserve the person as well as the place. For information on the Cahava Springs Community please visit www.cahavasprings.com or Erin Ludwig at 1.800.893.2738 X-17. For information on The Center for Natural Healing visit: www.drramsey.com or contact Kacee Sissener at (480-945-1396) and for information about Pyramid Developers please visit www.pyramidcd.com